



November 6, 2019

Term 4 Week 4

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## BALNBA – RAINY SEASON

Balnba is the season of the first rains. Electrical storms are common. Green tree frogs bring the rain and people say “Balnba guligi bigarrk”, big rain coming.

Favourite shellfish are collected now from the mangrove forest including periwinkles and mangrove worm. Mud mussels and long bums are collected on the mud flats as they become exposed by rain.

The start of the Wet Season brings on fruiting of Black Plum. Later in the season we collect Cherry Plum (Green Plum) and Milky Plum.

From Gulumoerrgin Seasons - <http://www.larrakia.csiro.au>

### From the Principal...

At Stuart Park School we have identified the traits of a “Good Learner”. These traits are displayed in every classroom and you are welcome to ask your child’s teacher or the office for a copy. It would be great if we used the same language of learning at school and at home.

The fifth of these traits is:

**I embrace feedback** – Good learners listen to what others have to say. They reflect on what they see and hear and use this to improve their learning. They know that we learn from acting on feedback and we often get feedback when we fail.

Learners who use feedback take advice from others, review their thinking based on advice, use their assessments to set new learning goals, are interested in their progress, and share ideas, work and achievements. “



### Science!!!

We have all been entertained and informed by our Science teacher, Mrs Sylvia Siskamanis over the years but now she has been able to reach out to a much larger audience. Mrs Siskamanis has an article in the October/November 2019 edition of Education Technology. The article is “**From NASA to Exploding Paint Tins**”. It seems as if NASA may be head hunting Mrs Siskamanis as we have a member from NASA here at school today – the third visit from NASA personnel this year! See link below to the article.

<http://stuartparkprimary.nt.edu.au/wp-content/uploads/2019/11/ETS88-Digital-Mag-Sylvias-Article.pdf>

# VACATION CARE

We will be offering a Vacation Care Program over the coming Christmas break. It will run for the first week of the holidays from Monday, 16<sup>th</sup> December to Friday 20<sup>th</sup> December. There will then be a two week break when care will not be available. (Monday, 23<sup>rd</sup> December to Friday 3<sup>rd</sup> January). Vacation Care will start again on Monday 6<sup>th</sup> January and go through until Friday 24<sup>th</sup> January. School starts on Tuesday, 28<sup>th</sup> January. Registration Forms and a program of events will be available soon.

Friday, 13 <sup>th</sup> Dec	First day of holidays. Care available 8:00am-2:30pm then usual after school care 2:30pm – 5:30pm
Mon 16 <sup>th</sup> Dec to Fri 20 <sup>th</sup> Dec	Vacation Care Program
Monday 23 <sup>rd</sup> Dec – Friday 3 <sup>rd</sup> Jan	No Vacation Care Program
Monday 6 <sup>th</sup> Jan – Friday 24 <sup>th</sup> Jan	Vacation Care Program
Tuesday, 28 <sup>th</sup> January	First day of school

## Christmas Raffle

We are running a Christmas Raffle again this year and are looking for donations for our hampers. If you are able to drop off any of the items listed, there are collection baskets in the office and in Early Childhood.

Tickets have gone home last week with all students. Please ensure that you write your name and phone number on the tickets.

**\*Please note – the Christmas Raffle is being held to raise money for resources for Stuart Park Primary School. This is different from the Christmas Appeal, which is collecting gifts for Vinnies hampers.**

Thank you again for your ongoing support.



## Donations Needed for the School Hamper Raffle Fundraiser

NON PERISHABLE FOOD, NEW TOYS, NEW GIFTS, CHRISTMAS FAVOURS, BON BONS, CHRISTMAS CRACKERS, NEW CHRISTMAS DECORATIONS, GIFT CERTIFICATES, GIFT VOUCHERS, GIFT CARDS ETC

*Donations can be left in the collection boxes at the office, early childhood or the preschool*

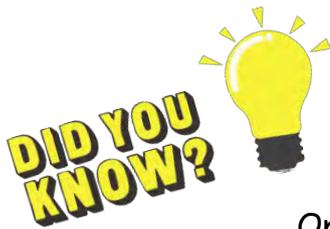
## ThinkUKnow Cyber Safety Parent Information Session

On **Thursday 7<sup>th</sup> Nov (week 4)**, Stuart Park will be hosting another cyberbullying parent session in the library at **6:00pm** for approximately 1 hour.

ThinkUKnow is an evidence-based cyber safety program. It provides information on the technologies young people use, the challenges they may face, and importantly, how they can be overcome.

The presentation aims to provide parents with the tools to create a safer online environment for young people in our care, including what young people [SAY](#), [SEE](#) and [DO](#) online.

Child minding will be offered on the night for school aged children only. If you are interested in attending can you please notify the front office.

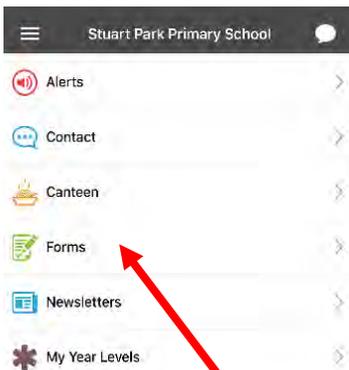


## Schoolstream Tips



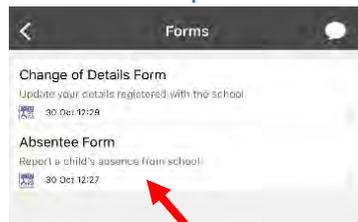
On the **School Stream App** you can notify the school of your child's absence? Just follow the following steps.

### Step 1



Click on Forms

### Step 2



Click on Absentee Forms

### Step 3

Fill in all the details

Don't forget to click





## Stuart Park Christmas Appeal

This year the Student Representatives at Stuart Park Primary School are asking that we support the ABC Radio Darwin and Vinnies NT Christmas Appeal through their school gift tag initiative. Your child's teacher will have the gift tags in class. You can support this appeal by donating an appropriate gift for a child between the ages of 2-17 years of age. Your child can bring the gift to class or the office where they can attach their gift tag and leave a small message for the recipient. **Please don't wrap gifts.** All gifts must be delivered to the school **before Thursday November 28.** The gifts will be placed in hampers and delivered to families across the Top End.

Thank you so much for your kindness and generosity.  
Mr Marshall and the Student Representative Council

Gift ideas for 2-17 years of age:

- Dolls, baby dolls, prams & cradles
  - Art and craft sets
  - Board games & jigsaws
  - Footballs, basketballs or soccer balls
  - Tennis & cricket sets
  - Jewellery and hair accessories
  - Back to school kits incl. stationery
  - Lego kits (for both boys & girls)
  - Movie tickets
  - Gift vouchers & gift cards
  - Toy cars, planes, trains
  - Construction sets
  - Makeup kits
  - Books, CDs, DVDs
- (Please leave gifts unwrapped)

**Gift Tags available in your child's class or in the office.**



**GIFT TAG APPEAL**

**You can help bring joy to a child at Christmas time.**

- Take the tag home.
- Buy a gift with mum or dad.
- Bring the gift back to school and leave with your teacher.

All gifts will be given to the St Vincent de Paul's conferences where they will be placed into food hampers and delivered to families in time for Christmas.

**Other ways you can help**

**Food assistance**  
You can donate non-perishable food items. These items can be dropped to ABC Radio Darwin and Alice Springs or any of our Vinnies stores.

**Financial help**  
Help us raise much needed funds. Donate online today.

Donate to the Vinnies Christmas Appeal.  
Call 8946 8100  
or visit [donate.vinnies.org.au/abcradiocrismasappeal](http://donate.vinnies.org.au/abcradiocrismasappeal)

**ABC Radio** | **Vinnies**  
*Christmas Appeal*

## How Much Sleep Do Children Need?

The amount of sleep we need changes with age. Everyone is different, but as a guide, children need the following amounts of sleep every night:

Ages 3 to 6 - 10 to 13 hours

Ages 7 to 12 - 10 to 11 hours

### Tips to help children sleep well

Getting enough sleep is as important for your child as healthy eating and exercising.

Here are some tips to help your child fall asleep, stay asleep and get enough good quality sleep.

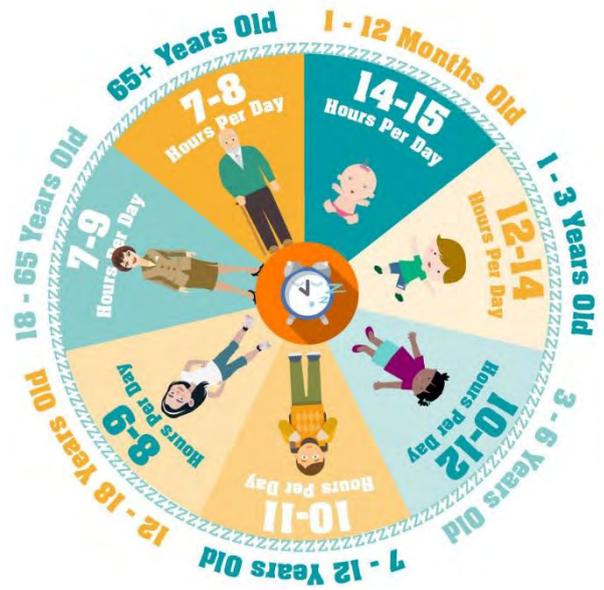
**Turn off technology:** Turning off computers, tablets and television 1 hour before bedtime should help your child sleep better.

**Establish a sleep schedule:** Make sure your child goes to bed early enough to get the sleep they need. Once you have set an appropriate bed time, stick to it even at the weekend.

**Establish a bedtime routine:** Follow the same routine every day: bath or shower, change into pyjamas, brush teeth, read or spend quiet time in their bedroom, lights out and go to sleep.

**Help your child wind down:** Busy children need some time to relax. Consider reading to them or children having quiet time looking at their favourite books before lights out.

**Make sure the bedroom is suitable for sleep:** Ensure the bedroom is dark and quiet. If your child is anxious or afraid at night, use a night light.



### The Great Air Race - 100 Years ago!

One hundred years ago, pilots Keith and Ross Smith, together with their mechanics James Bennet and Walter Shiers, won the Great Air Race (From London to Darwin) in just 28 days. This was to have a huge impact on aviation throughout the world and Darwin as a town.

To honour their achievement, students of Darwin are going to attempt their own world record. We will be launching paper planes together with other schools at the same time on Friday November 29<sup>th</sup>. All locations will launch their planes at exactly the same time. We hope to create a new Guinness World Record. More information will be shared as it comes closer to the date.



### Senior Choir at Assembly this Friday!

This Friday is a whole school assembly the Senior Choir will perform for the school. They will be singing "Nothing's Sweet About Me" by Gabriella Cilmi



## Oral Health Services Dental Visits

The on-site dental service at Stuart Park Primary School will be available from 25<sup>th</sup> to 27<sup>th</sup> November and the 4<sup>th</sup> to the 6<sup>th</sup> of December for dental examinations and treatment.

To arrange an appointment please call Oral Health Services on 8922 6466. All children attending dental appointments will be required to be accompanied by a parent or carer. A reminder, parents can always access Oral Health Services appointments for their children at conveniently located NT Government dental clinic by calling 8922 6466.

For further information visit the Oral Health Services website:

[www.health.nt.gov.au/oral\\_health](http://www.health.nt.gov.au/oral_health)



## IS YOUR CHILD INTERESTED IN LEARNING A MUSICAL INSTRUMENT?

Enrolment applications are now open for all students interested in the NT Music School's Instrumental and Choral Program for 2020.

Instrumental tuition may be offered to students from Year 4 upwards on flute, clarinet, saxophone, guitar, trumpet, trombone and percussion. The Choral Program is by audition. Please visit [www.ntms.net.au](http://www.ntms.net.au) for further details or to enrol your child.

Applications for 2020 close Friday 6<sup>th</sup> December 2019.

Should you require further assistance phone NT Music School **8963 5550**.



## CALENDAR

DATE	DAY	EVENT
7 <sup>th</sup> November	Thursday	Music Count Us In
7 <sup>th</sup> November	Thursday	Cyber Safety Parent Info
21 <sup>st</sup> November	Thursday	Preschool 2020 Info Session
28 <sup>th</sup> November	Thursday	Transition 2020 Info Session
2 <sup>nd</sup> December	Monday	Year 6 Graduation
10 <sup>th</sup> December	Tuesday	Presentation Assembly Reports home
12 <sup>th</sup> December	Thursday	Last day of school year
20 <sup>th</sup> – 24 <sup>th</sup> Jan	Mon-Fri	School office open
28 <sup>th</sup> January, 2020	Tuesday	First day of 2020 school year
10 <sup>th</sup> April	Friday	Good Friday
13 <sup>th</sup> -17 <sup>th</sup> April	Mon-Fri	Mid Semester break

## Stuart Park Primary School is fundraising with Entertainment!

Your support really helps our School, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

**Pre-order the NEW 2019 | 2020 Entertainment Membership and receive bonus offers you can use right away!**

<https://www.entertainmentbook.com.au/orderbooks/91s6057>

*The following advertisements are not necessarily endorsed by the school.*

### **OTTWAYS TAE KWON DO AND SELF DEFENCE**

Classes are held at Stuart Park Primary School on the following nights

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All ages

Tuesday 6.30 to 8 pm

All ages

Thursday 6.30 to 8 pm

Come and enjoy martial arts with a qualified instructor for self-defence, fitness and fun. Contact Peter on 0427991394. Come and Try. First two lessons free.



#### **1<sup>st</sup> Darwin Sea Scouts Fun-raising Event**



**Tuesday 19<sup>th</sup> November 5-7pm**

**Flip Out Fun \$22.00 per person**

**Join us for 2 hours of flipping fun!**



# BE A PART OF THE **Hottest 7s** IN THE WORLD "DARWIN" ACTION

SATURDAY | NOVEMBER  
& SUNDAY | 16th & 17th

NEW VENUE  
**TRL STADIUM**

Abala Road, Marrara  
Gates open at 9am each day  
Kids entertainment, food and  
beverages available  
**Website - [nt.rugby/hottest-7s](http://nt.rugby/hottest-7s)**

# \$20

WEEKEND PASS

UNDER 18 FREE



northern territory  
**RUGBY**

Publics supported by  
**NORTHERN  
TERRITORY  
GOVERNMENT**

Watch us live on...  
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[youtube.com/ntrugbyunion](http://youtube.com/ntrugbyunion)

#hottest7s  
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