

CRAB AND STACK

6 CUPS

**Upstack And
Downstack**



**CRAB WALK
DOWN AND BACK
EACH TIME**

3 TIMES

From a starting marker, crabwalk to the cups to upstack 6 cups in two, 2-1 pyramids. Travel back to the cone and repeat to downstack the cups.




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Home Learning Activity



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What do I need?

1. **Start and End Markers:** You can use cups, water bottles, toilet paper rolls or any small object 
2. **Cups:** Use plastic cups or substitute using bottle tops 
3. **A Timing Device:** This is optional if you want to time yourself while you perform the event 

How can I make it more fun?

1. **Beat your Record:** Crab walk and upstack then crab walk and downstack. Crab walk back to the start. Time yourself and try it again and see if you can beat your time
2. **Race Against Someone:** Go head-to-head with a family member or friend or try to beat their time

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